



Government
of South Australia

Department for Education

Renmark Primary School Newsletter



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No 8/2019

Term 2, Week 6

Thursday 6 June 2019

◆ Respect ◆ Excellence ◆ Self Belief ◆ Trust

News from the Principal

Here we are in week 6 of term 2 already. It seems no time at all since the end of term 1 holidays.

Teachers are currently writing the **mid-year reports** to provide you with information about your child's achievement and progress to date. Accompanying the report will be a Learning Journal showing examples of their learning across all curriculum areas. This provides some evidence to support the Achievement grade that your child has been given.

Other evidence includes a range of assessments, which identify what your child knows, can do and any gaps which need to be addressed. These progress reports are very valuable as they provide clear direction in learning for the last half of the year.

The content of the report should not be a surprise. Teachers and parents/caregivers should be communicating regularly about learning and any other issues that may arise. We will always do our very best to support every child; good communication is the key to successful learning and engagement with school.

NAMAWI PULGI

I had the pleasure of attending the opening of the Namawi Pulgi (**Our Room**) at Renmark High School yesterday afternoon.

This room has been created for the Aboriginal and Torres Strait Islander students as a place where they can meet, talk and be together. The mural on the wall certainly depicts our land and reminds us of the connection to country that is so important.

Our ATSI students will have the opportunity to visit well before they start high school and no doubt look forward to many special times within the Namawi Pulgi.

I congratulate all involved in establishing such a special space.

School Uniforms

All students are expected to wear a full school uniform every day. Parents can contact the front office if they need support to provide their child with a uniform. Other clothing i.e. active wear, casual jumpers and track pants that are not plain navy blue are not acceptable. All donations of uniforms no longer required, are very much appreciated.

Please ensure all school uniforms are **clearly named**, this way we can quickly return lost items to students.

On Friday 7 June, schools from across the partnership will

have a **Student Free day** so their teachers can engage in professional learning. Teachers from the three Renmark, two Loxton, Kingston-On-Murray and Moorook primary schools will spend Friday planning and moderating Maths learning tasks. It's a very valuable process; we learn from each other and ensure consistency of grades for assessments and learning tasks. I thank our Governing Council and parent community for supporting our Student Free days.

Parent/Caregiver Reminder!!!!



Pupil Free Day

Friday 7th June 2019

Staff Professional Development

Public Holiday

Monday 10th June 2019

Queen's Birthday

OSHC will be available for families requiring Child Care on the 7/6/19.
Bookings can be made on: 85 864 481

The 2019 Minister for Education Volunteering Award for Outstanding Service

Every year we recognise the valuable contribution of one of our outstanding volunteers. This year is no exception.

Amanda Jarrett has regularly volunteered here over the past 10 years. She has been a very active member of Parent Group during that time and is currently Parent Group President. Amanda has been a helper with Walk to School days, a chef on Special Lunch days, a leader in making Mother's and Father's day activities with all of our children, organiser of sports day cake stalls and a helper of the Easter Bunny and Father Christmas when they are in the area.

As a class parent, she has supported every aspect of her children's education. Her support with all of the mentioned school activities is invaluable and we know nothing is too much trouble.

We would like to thank Amanda for all of the wonderful work she has done for our staff, students and the Renmark Primary School community and congratulate Amanda on

being the recipient of the 2019 Minister of Education's Volunteer Award.



Last Thursday the Year 7 to High School Transition program began with all of the year 7's from each of the local primary schools meeting at the high school. Students attended two of the six classes on offer and will attend the rest later in the year. The classes included cooking, digital art, art, PE, science and Drumbeat.

This year's transition program changed slightly due to the feedback from last years' Year 7 students. These students said that they wanted to be able to meet up more regularly throughout the year, not just at the beginning at our annual Leadership Day and at the end when the students are involved in school tours.



Self-Management and The Brain

What is self-management?

Self-management is learning about your own feelings and emotions, understanding how and why they happen, recognising them (and those of others) and developing effective ways of managing them.

Emotions include several components:

- physical responses (for example, heart rate, breathing and hormone levels)
- feelings
- thoughts and judgements associated with feelings
- action signals (for example, a desire to approach, escape or fight).

Learning to self-manage

This is a critical way that a child or young person learns to cope with the world. When children and young people learn to self-manage their emotions, they feel more confident, capable and in control. They have stronger relationships, are more able to pay attention, learn new things and can cope

Year 7 Transition



better with the normal stresses and disappointments of daily life. Developing skills for self-managing a range of emotions is so important for children and young people's emotional wellbeing.

This term, Rooms 1, 2 and 4 have been learning about their feelings and emotions. After watching the movie, Inside Out and reflecting on the major emotions we experience, students have started to learn about their brain. We have met some 'key players' of the brain, including the limbic system; which controls our emotions and motivations inside the brain, and the amygdala; the almond shaped structure that reacts to fear, danger and threat. We have spoken about our prefrontal cortex; the learning, reason and thinking centre of the brain. Learning about these key players help students to understand how their brain responds to stress and prepares them for creating a calm mindset for thoughtful decision making.

For further information, please see:

<https://beyou.edu.au/fact-sheets/wellbeing/self-management>



Excess furniture

We have some excess furniture that you may be interested in. If you'd like to find out what is available, please call the school and Grant will make a time to discuss it with you. Minimal cost, negotiable.

Cold + flu

Parents/Carers, we have had many cases of colds and a few students diagnosed with Influenza.

We encourage families to keep students home and seek medical attention if displaying any cold/flu signs and symptoms.

PREVENTING THE SPREAD OF INFECTION

Common diseases such as colds, flu and tummy bugs can be spread in several different ways. Washing your hands, wiping down things you use, and covering your coughs and sneezes will help keep you and others healthy. If you are sick stay away from school until you are better.

WHAT IS THE DIFFERENCE BETWEEN A COLD AND THE FLU?

Colds are fairly common, and can be caused by any one of many cold viruses. Flu is caused by just 2 or 3 different strains of one virus each year and usually causes a more severe illness. The symptoms of flu come on suddenly with a high fever and affect your whole body – not just your head and chest like a cold.

HOW CAN I STOP THE SPREAD OF COLDS AND FLU?

The viruses that cause colds and flu are in the nose, throat and lungs of those affected. These can be spread by the fine droplets that are expelled from the nose and mouth when sneezing or coughing. The following simple steps can reduce the spread of respiratory infections:

- **WASH** your hands often and avoid touching your eyes, nose and mouth.
- **COVER** your mouth and nose with a tissue when you cough or sneeze. If you don't have a tissue use your upper arm or sleeve.
- keep surfaces **CLEAN**.
- **STAY HOME** if you are sick, and keep your distance from others.

REMEMBER "WASH, WIPE, COVER – DON'T INFECT ANOTHER!"

For more Information, visit:

www.health.sa.gov.au/infectioncontrol

www.sahealth.sa.gov.au/washwipecover

Tackle Rugby

On Thursday the 30th of May, Renmark Primary took approximately 75 year 5 to 7 students to tackle rugby. The six teams were joined by a boys and a girls' team from Renmark West and officials from Rugby S.A. There were four teams of girls and four teams of boys participating in the round robin tournament across the day with some fierce competition between all teams, with many outstanding contributions witnessed by all.

Students gave their absolute all on the day. For the boys teams; Renmark 1 finished the day with 4th place, Renmark 2 in 3rd, Renmark 3 a close 2nd place and Renmark West taking the overall honours. In the girls' competition, Renmark A finished 4th, Renmark C 3rd, Renmark B a close 2nd, with Renmark West again taking out the overall honours for the day.

Rugby S.A. Referees handed out honours for outstanding individual and team work which went to **Andy Son** and **Charlie Bennett**, I would like to again congratulate them on their achievement.

The teachers of Renmark Primary also kept an eye out for some outstanding achievements on the day, with honourable mentions for Brock, Calen, Ethan E and Isacc for the boys and Bree, Toni, Carla, Chloe and Samara for the girls.

I would also like to take this opportunity to congratulate all students on trying their best and displaying our school values of Respect, Self-Belief, Trust and Excellence throughout the day, they should be very proud of their efforts.

Thanks,
Mr Francis
P.E. Teacher (Term 2)



Ancient Egypt Learning

Take a step back in time to "Awful Ancient Egypt". Explore the mummification process through an immersive experience! Come and see Ancient Egypt learning at its best in the upstairs classes.



Parent Reminders

Pupil Free Days

Friday 7 June, Friday 9 August, Friday 8 November 2019.

Public Holiday Monday 10 June 2019

Helping keep children safe through new screening laws

Stronger, more effective and transparent screening laws for people working or volunteering with children have been introduced in South Australia. The new screening laws were recommended as part of federal and South Australian royal commissions, to help keep children safe in our communities. The new laws mean that from 1 July 2019 everyone working or volunteering with children must have a valid child-related check.

Also changing from 1 July 2019 is the state's current system for child-related employment screenings, which will be replaced with a working with children check (WWCC). This new check is coming in to better protect your children and make sure that people working or volunteering with children are suitable.

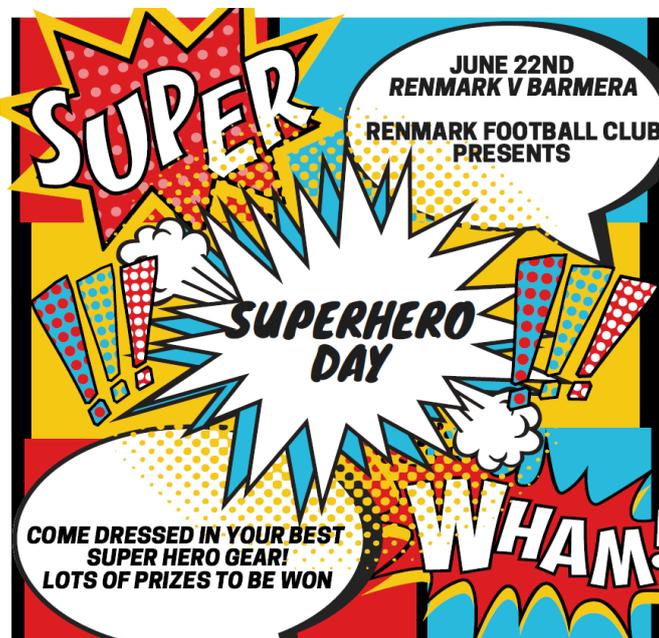
A WWCC is valid for five years and is portable across roles and organisations throughout South Australia.

Current, valid child-related employment screening checks done by DHS/DCSI will be recognised as a WWCC until they expire. For most people, this means they don't need to do anything to be ready for the new law starting on 1 July 2019.

SA School Sport Newsletter

For all your SA School Sport news, check out the latest edition of 'THE SPORTS BRIEF'.

<https://mailchi.mp/28c6d8398e02/the-sports-brief-school-sport-sa-news-week-3-term-2>



RENMARK ROVERS FOOTBALL CLUB PRESENTS

ROYAL FLYING DOCTORS SERVICE CHARITY FAIR

Saturday June 29th | 1pm
@ Renmark Football club

PARTICIPATE IN THIS YEAR'S EXCITING ACTIVITIES!

WITH PLENTY FOR ALL AGES, FACE PAINTING JUMPING CASTLE, KIWI THE CLOWN AND MUCH MORE...

STREET FAIR CUISINE FROM 6PM WITH LIVE ENTERTAINMENT MUSIC

ALL PROCEEDS GO TO ROYAL FLYING DOCTORS!!

Who's in Charge?

Does your child threaten, hurt or intimidate you?
Do you feel you are losing control?
Want to better handle conflict?
Looking to find ways to improve your relationship?
Reclaim respect and calm in your family!

Who's in Charge? is an 8 week program for parents or carers of young people (8 to 18) who are beyond control, violent or defiant.

1:1 sessions which aim to

- Provide a supportive environment to share experiences and ideas
- Reduce the guilt and shame which most parents feel
- Offer ideas to help you develop individual strategies for managing your child's behaviour
- Explore ways of increasing safety and well-being
- Help parents feel more in control and less stressed

Date: This service is available beginning Monday, 13 May 2019

Venue: Relationships Australia SA
9 Kay Avenue Berri

Cost: FREE

RSVP: Call Miriam to book on 8582 4122 or email berri.intake@rasa.org.au

*Further information on violence to parents: www.eddiegalaghera.net.com.au

WHAT'S ON ???

Community notices

Riverland Oral Health Centre (school aged dental)

Address: 10 Maddern Street, Berri SA 5343.

Open Monday to Friday 8.30am-4.30pm Phone: 8580 2700. In an emergency or for after hour's advice call: 1800 022 222.

Dental care is free for most children-SA Dental bulk bill Medicare.

Renmark Out of School Hours Care

OSHC opening hours: 6.30am-8.30am & 3.15pm-6.30pm,

Pupil free days and School Holidays 6.30am-6.30pm.

Please Call: 8586 4481 for bookings.

National Karate Academies Renmark

For R-7 at the RPS Hall on Wednesdays (enter from 19th St. Renmark).

Phone Jeff on 0417 938 076.

Family Activities Program

Follow the link below to access a fantastic 'Family Activities Program' put together by the Renmark Paringa Council.

The Program includes activities suitable for all age groups.

<http://www.renmarkparinga.sa.gov.au/familyactivities>

Dates to remember

Term 2

Week 6 and 7

June	7	PUPIL FREE DAY
June	10	PUBLIC HOLIDAY Queen's Bday
June	10	SA Volunteer's Day
June	12	ICAS Spelling Test

Week 8

June	17	Governing Council 6pm
June	17-21	Netball/Football State Carnival

Week 9 and 10

June	28	District Hockey
July	4	Assembly 1.50pm
July	5	2.30pm DISMISSAL (Casual day)

Please Note: Dates are subject to change

School Uniform Donations

Do you have any second hand school uniforms; particularly T-shirts that you would consider donating? Any school uniform donations are very welcome. Second hand uniforms can be purchased from the front office for a gold coin donation.

2019 Term Dates

Term 2: 29 April – 5 July (10 wks)

Term 3: 22 July – 27 September (10 wks)

Term 4: 14 October – 13 December (9 wks)

Don't forget to check out our School website @ <http://www.renmark7.sa.edu.au>

And Like Us On  facebook



RENMARK PRIMARY SCHOOL OFFICIAL

KEEPING KIDS WELL THIS WINTER

Children are more likely to spread colds and flu, than any other age group

Protect your children and those around them:



Get them vaccinated



Keep them home with cold or flu symptoms



Teach them to wash their hands and cover coughs with a tissue or arm

Flu symptoms can be much more serious in young children, make sure you seek medical attention if you are worried about your child's health.

THE NDIS AND CARERS WORKSHOP

The focus of this workshop will be information for carers explaining every aspect of the NDIS.

We will explain:

- How the NDIS works
- How to check eligibility
- How to apply to the NDIS
- The importance of pre-planning and the planning meeting
- The NDIS Plan – getting started



The workshop has been designed to assist family carers supporting people with disability, including psychosocial disability, from seven to 65 years of age. Extended family members and close friends are also invited to join us.

There will also be an opportunity for one-to-one support later in the day as well from 2.30pm – 6.30pm on Thursday 20th June. But these need to be pre-booked.

There is no cost or mandatory requirements to participate in the workshop.

A light lunch will be served as well as morning and afternoon tea so please let us know if you have any dietary requirements or allergies.

It would be helpful if you fill out the pre-registration form to let us know who will be attending and if you need any assistance on the day.

Time: 9.30am – 3.30pm

When: Wednesday, 19th June 2019

Where: Aboriginal Sobriety Group, 3 Wilson Street Berri

To register you can contact the Carers SA Berri office on 8582 5485 to get a copy of the preregistration form or give the relevant information via the phone

We look forward to meeting you and sharing knowledge together

EARLY DAYS WORKSHOP

The Early Days Workshop has been developed to support parents of children with disability and specifically to provide families with necessary information and strategies to increase understanding of what services are available and how they can access them. The **Early Days Workshop** is for families whose child is within the **birth to six years'** age range and who are either concerned about their child's development, have recently received a disability or developmental delay diagnosis and/or are concerned about how to access appropriate services including the NDIS.

The workshop has been designed holistically to assist parents as well as the entire family unit. While the workshop is intended to specifically support parents of children with disability, it is also open to family members, carers and close friends.

Although the workshop will have a particular format it is not a rigid one and those attending will be invited to actively participate in the workshop.

There is no cost or mandatory requirement to participate in the workshop.

Although we are unable to provide childcare we welcome children if alternative childcare arrangements are not possible. Please let us know if your child(ren) will be coming and we will endeavour to provide some activities for them.

Morning tea will be provided as well as a light lunch so please let us know if you have any dietary requirements or allergies.

It would be helpful if you fill out the pre-registration form to let us know who will be attending and if you need any assistance on the day.

Time: 10am to 2.30pm

When: Thursday 20th June 2019

Where: Berri Hotel Conference Room

To register you can contact the Carers SA Berri office on 8582 5485 to get a copy of the pre-registration form or give the relevant via the phone.

We look forward to meeting you and sharing knowledge together.

