

## News from the Principal

There is a lot happening at school at the moment for many of our students.

35 pre-school students had the first of their three transition to school visits, last Wednesday. It was lovely to see them so excited and happy to be here. They were made very welcome in the lower primary classes.

It was also very pleasing to see nearly all of the parents of our 2019 Reception students at the Parent meeting. Brenda Pfitzner shared a new approach to learning to read which we will implement from 2019, using decodable texts aligned to the roll out of THRASS sounds. Students will truly be learning to read using the sounds they are learning rather than memorising a text.

Reading and enjoying books together at home, talking about the story to develop oral language and comprehension skills are extremely important at every stage of your child's school life. If students have difficulty reading, understanding and talking about the text, then they have difficulty in almost every other area at school.

*To give your child the best opportunity to do well at school and in life, please read to and with them and have rich conversations with your children whenever you can.* It is one of the best things you can do with your child.

### BIKES, SCOOTERS, ALL THINGS WHEELS!

Many students ride their scooter, bike, penny boards etc. to school. The Lower Primary students park theirs in the external alcove in the lower primary building and primary students in the racks by the 18<sup>th</sup> St shed. Just a few reminders:

- ✚ Students must walk their bike etc. until they are off school grounds, **no riding on school grounds**
- ✚ Provide a locking mechanism for your child to secure their bike/scooter at school
- ✚ The bike areas are out of bounds during the day
- ✚ Make sure bike riders wear a helmet
- ✚ Take great care on the footpaths and roads

Students who don't comply with the safety rules, and put others and themselves at risk of being hurt may be asked to leave their bike/scooter at home.

### STUDENT LEADERS SHARING THEIR LEARNING

On Thursday week 2, Mrs Pipinis and a group of year 7 student leaders went to Renmark High School to share how Visible Learning strategies have helped them become successful learners. They expect to continue as successful Visible Learners at High School next year.

It was quite daunting for our students because they were speaking to a large group of mainly high school teachers and a group of our teachers who went along to hear them.

They were amazing; so articulate and overcame their nervousness to speak very well.

They spoke how knowing what they had to do ahead of assignments/tasks/assessments to achieve well was so important, the frustration of spending too much time on what they already knew and the expectation that they receive valuable feedback from their peers and teachers to improve their learning and act on that feedback.

One member of our Governing Council who is a teacher at Renmark High School, mentioned at this week's Governing Council meeting how well the staff who attended received the presentation and how the follow up conversations between their staff have been very valuable and thought provoking.

A wonderful example of the power of student voice when provided an authentic opportunity to share ideas and opinions.



Back L-R: Alex, Emily, Sakina & Lachlan

Front L-R: Emily & Taylee

## Building resilience in children

*During classroom meetings, our SRC and Little Leaders have been sharing information with students on what it means to be resilient.*

### **Resilience ... it's a familiar word, isn't it? But what does it really mean?**

When we talk about resilience, we're talking about a child's ability to cope with ups and downs, and bounce back from the challenges they experience during childhood – for example moving home, changing schools, studying for an exam or dealing with the death of a loved one. Building resilience helps children not only deal with current difficulties that are a part of everyday life, but also to develop the basic skills and habits that will help them deal with challenges later in life, during adolescence and adulthood.

Resilience is important for children's mental health. Children with greater resilience are better able to manage stress, which is a common response to difficult events. Stress is a risk factor for mental health conditions such as anxiety and depression, if the level of stress is severe or ongoing.

### **So where does resilience come from?**

Resilience is shaped partly by the individual characteristics we are born with (our genes, temperament and personality) and partly by the environment we grow up in — our family, community and the broader society. While there are some things we can't change, such as our biological makeup, there are many things we can change.

One way of explaining the concept of resilience is to imagine a plane encountering turbulence mid-flight. The turbulence, or poor weather, represents adversity. Different planes will respond to poor weather conditions in different ways, in the same way different children respond to the same adversity in different ways.

The ability of the plane to get through the poor weather and reach its destination depends on:



- **the pilot** (the child)
- **the co-pilot** (the child's family, friends, teachers and health professionals)
- **the type of plane** (the child's individual characteristics such as age and temperament)
- **the equipment available** to the pilot, co-pilots and ground crew
- **the severity** and duration of the poor weather.

We can all help children become more resilient and the good news is, you don't have to do it alone. You can ask other adults such as carers and grandparents to help. Building children's resilience is everyone's business, and it's never too early or too late to get started. We've got some simple things that you can do in your own home.

### **How can I build resilience in my child?**

Latest research has found that there are five areas that offer the best chance for building resilience in children.

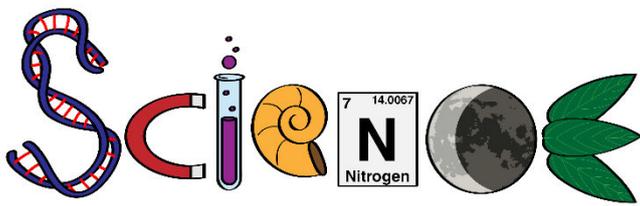


As a parent, carer, or significant adult, you can help to develop essential skills, habits and attitudes for building resilience at home by helping your child to:

- [build good relationships with others including adults and peers](#)
- [build their independence](#)
- [learn to identify, express and manage their emotions](#)
- [build their confidence by taking on personal challenges](#)

For some simple things you can do to build your child's resilience in these areas, please visit:

<https://www.parentingideas.com.au/blog/building-resilience-in-kids-practical-tips-for-parents/>



In science the Reception and year 1 students have been learning about dinosaurs. We have also looked at modern day animals like kangaroos and emus, especially their body features. Then we compared pictures of skeletons and tried to work out which skeletons belonged to which animal.

The year 2 and 3 students have been learning about living things and their body features. We have used their body features to group animals like scientists do. We classified the small creatures that live in the school garden, according to their scientific groups.

This week Mrs Tzanos brought in some water bugs from the River Murray; scientists call them Macroinvertebrates. We classified the bugs we found and this told us about the quality of water. We found that some bugs can't live in polluted water.

David, Jacob and Geoffrey in photo 1.  
Declan and Ashton in photo 2



# ENROL NOW

## Renmark Primary School 2019 Reception Enrolments

Renmark Primary school is taking enrolments for children starting Reception in 2019.

Parents can collect enrolment forms from the office.

For more information, please call the front office on: 85 865 737.

We look forward to meeting you and your children very soon.

Lyn Bretag  
Principal

For more information  
[www.education.sa.gov.au](http://www.education.sa.gov.au)

## RPS Nature Play Update



Our Nature Play plans are progressing however some aspects are still under consultation with developers, to ensure they fit the Nature Play concept. While this process is taking a longer than expected, we are determined to 'get the planning right' to ensure this considerable investment delivers the best possible play and learning space for our students.



CREDIT  
UNION  
CHRISTMAS  
PAGEANT

At 9:30am on Saturday 10 November, the whistle will blow to signal the beginning of the 2018 Credit Union Christmas Pageant - the 86th year of the Pageant!

Rudolph's Community Site is a special reserved area located on Wakefield Street that is accessible only by an official pass. As the site is a reserved space, attendees can arrive later in the morning. There is also a special bus drop-off zone, and a great team of volunteers to provide assistance and face painters to add a bit more fun!

**Official Passes for Rudolph's Community Site are available at front office.** Numbers are limited so be quick!!

# Parent Reminders...

## Student info/medical details

During Week 5 we will be sending Update forms out in readiness for 2019. Please visit your GP if you require updated medical plans and/or signed medication agreements and update any student information that may need changing.

## 2019 Bus Letters

Thank you to those parents/families who have returned their 'Application for school bus travel in 2019' Forms need to be returned to the front office as soon as possible as they are now overdue.  
Please note – Forms submitted late **cannot be guaranteed bus travel in 2019**

## Breakfast Club

Breakfast Club is held every **Thursday from 8.15-8.45am**; in the kitchen. Any coin donation helps!

## School Banking

Bank SA school banking occurs every Tuesday. Applications are available from the front office.

## School lunch orders

**Fridays only** – orders **MUST** be in by 9.00am on Thursdays. Menu's and order bags are available at the front office. Please ensure all lunch orders include the **CLASS NUMBER**, not just the class teacher's name.  
No lunch orders available on the last day of term.

## Tri State Graphics

have introduced an online store.

Shop from the comfort of home, order and pay direct online and receive a contact message when your goods are ready, or request that your goods be shipped out to you direct. <https://www.tristategraphics.com.au/shop/>



## Riverland Baseball's Re - Vamped Junior Competition

### Come and Try Session

Sunday Nov. 4th 10am

Glassey Park - Berri

Open to boys and girls ages 4-12 yrs

Introductory Level, No Experience Necessary

All equipment provided

\* Bring a hat, sunscreen and water \*

FREE Sausage Sizzle  
For all Participants



Friday night Twilight games  
starting 16th Nov.

"Wear em out Friday Night = Sleep in Saturday Morning"

## WILLS & CO MITRE 10 RENMARK WAIKERIE

### Come Along To Our Family Fun Day!

#### RENMARK & WAIKERIE MITRE 10

Saturday 10 November 11am - 4pm



- ★ Face Painting
- ★ Jumping Castle
- ★ Plus Weekend Specials In Store

**Sausage Sizzle - Renmark High Volleyball Team**

**THIS WEEKEND ONLY!**

## QUIZ NIGHT

Fundraiser for the Weeks's Spikers  
Yr 9 Renmark High School Girls Volleyball Team  
Friday 9th November 2018 at 7pm  
Renmark Hotel Function Room \$10/ per person  
Tickets pre-purchased preferred ph. 0439816408  
Nibbles provided, bar available (Buy your own)



# WHAT'S ON ???

## Community notices

### Riverland Oral Health Centre (school aged dental)

Address: 10 Maddern Street, Berri SA 5343.

Open Monday to Friday 8.30am-4.30pm Phone: 8580 2700. In an emergency or for after hour's advice call: 1800 022 222.

Dental care is free for most children-SA Dental bulk bill Medicare.

### Renmark Out of School Hours Care

OSHC opening hours: 6.30am-8.30am & 3.15pm-6.30pm,

Pupil free days and School Holidays 6.30am-6.30pm.

Please Call: 8586 4481 for bookings.

### National Karate Academies Renmark

For R-7 at the RPS Hall on Wednesdays (enter from 19<sup>th</sup> St. Renmark).

Phone Jeff on 0417 938 076.

### Fun Fitness Sessions with Iris

Renmark Primary School Gym on Thursday's 6.30 – 7.30 pm. Cost is \$5.

All ages & abilities welcome. For more info, Ph: Iris on 0420 552 626.

### Family Activities Program

Follow the link below to access a fantastic 'Family Activities Program' put together by the Renmark Paringa Council.

The Program includes activities suitable for all age groups.

<http://www.renmarkparinga.sa.gov.au/familyactivities>

## School Uniform Donations

Do you have any second hand school uniforms; particularly T-shirts that you would consider donating? Any school uniform donations are very welcome.

Second hand uniforms can be purchased from the front office for a gold coin donation.

## 2018 Term Dates

**Term 4:** 15 October – 14 December (9 wks)

## 2019 Term Dates

**Term 1:** 29 January – 12 April (11 wks)

## Dates to remember

### Term 4

#### Week 5

~ Kindy children familiarisation visit ~

November	14	Kindy visit 9am – 11.20am
November	14	Assembly 2.40pm

#### Week 6 and 7

November	19	SAPSASA State Cricket/Tennis
November	29	Just2Deadly Awards
November	30	SAPSASA District Softball

#### Week 8

December	3	Governing Council 6pm
December	4	Yr 7 RHS Orientation visit
December	5	Yr 7 RHS Orientation visit
December	6	Let's Celebrate Concert

#### Week 9

December	10	Yr 7 Graduation 2pm - Theatre
December	4	Class parties & reports home
December	15	Casual day & 2.30pm dismissal

*Please Note: Dates are subject to change*

**Don't forget to check out our School website @**

<http://www.renmarkr7.sa.edu.au>

And  Like Us On facebook



**RENMARK PRIMARY SCHOOL OFFICIAL**



**RIVERLAND SAPSASA**